



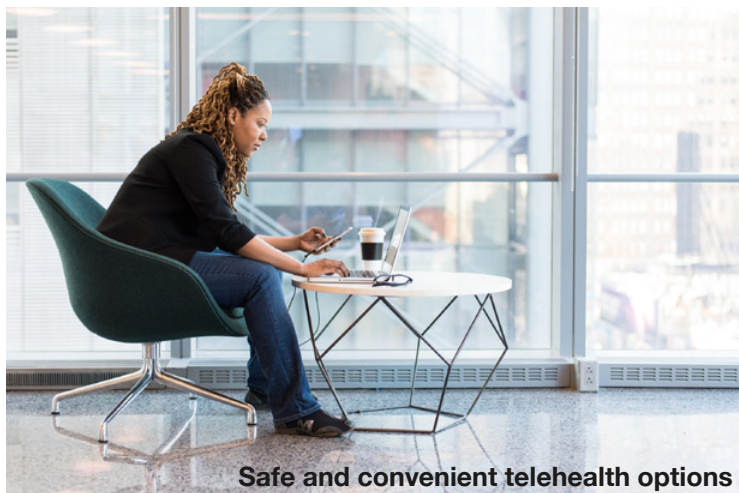
Sanford Addiction Treatment Centers is a residential and outpatient facility located in Grand Rapids, Michigan. Sanford offers excellence in evidence-based practice models in a home-like, restorative setting. Our clinicians, supported by our medical team, focus on resolving the underlying issues that often cause substance use, such as trauma, unhealthy relationships, co-occurring disorders and isolation.

Residential Treatment (RTC) provides a gender specific, structured living environment in which to recover. Group and individual therapy, wellness activities, and 12-step meetings are offered. Alumni and family programs are key components to this level of care. Sanford has 10 beds for adult women and 20 beds for men. Day Programs (PHP) are available.

Outpatient Treatment (IOP, OP) works to reduce the harmful effects of alcohol and drug addiction, individual health issues, and trauma in the lives of individuals. These programs provide structure, accountability, and community, while encouraging clients to integrate their treatment into personal, home and work life. In-person and virtual options are available.

Medication-Assisted Treatment (MAT) combines psychosocial behavioral therapy and pharmacotherapy to treat substance use disorders. Treatment includes group, individual, and family therapy along with medical services and medication management. MAT can be initiated in conjunction with all levels of treatment.

Insurance - Our goal is to make the administrative aspects of entering treatment as seamless as possible. We work with most insurance companies, and our clients and their families, to determine the best options when utilizing private insurance.



Safe and convenient telehealth options



Sanford House at Cherry Street for Women

Guiding Principles of Sanford Addiction Treatment Centers

- Full medical team on staff and on site (MD - Addictionologist, Nurse Practitioner, Physicians Assistants, and 24-hour nurse supervision)
- Master's level clinicians on staff and on site
- Licensure by the state of Michigan and accreditation by the Commission on Accreditation of Rehabilitation Facilities (CARF)
- Person centered, safe, effective, sophisticated and evidence-based treatment modalities
 - Cognitive Behavior Therapy
 - Dialectical Behavior Therapy
 - Motivational Interviewing
 - Brainspotting
 - Acceptance and Commitment Therapy
 - Seeking Safety
 - 12-Step
 - Many others
- Group, individual, and family therapy in outpatient treatment with virtual options
- An emphasis on wellness and nutrition with on-staff chef and wellness coaches
- Incorporation of family/loved ones in the recovery process
- Aftercare support and planning
- Empathetic admissions counselors and best practices in working with insurance companies



Sanford Addiction Treatment Centers
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